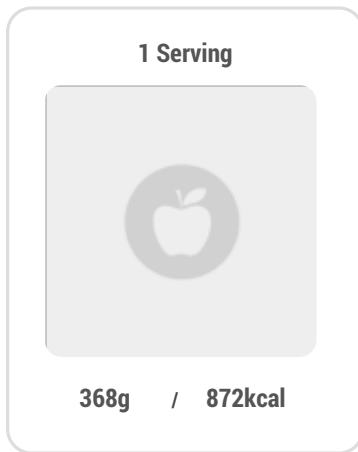


Recipe Ingredients ...	Quantity:	Description:
Bread, pitta, white	90g	2x Round pitta
Bacon rashers, back, grilled crispy	28g	1.9x average
Loughnane's of Galway 74% Pork Sausages 4.54kg	50g	0x Per pack
Black pudding, dry-fried	40g	1.3x slice
Eggs, chicken, scrambled, with semi-skimmed milk	75g	1.3x egg
Portabello mushrooms, grilled	20g	0.2x cup, sliced
Blenders, Tomato Ketchup	15g	1.9x teaspoon
Mixed Salad Leaves	30g	1.3x Average serving
Charleville Freshly Grated Select Red Cheddar 200g	20g	

Portions / Pack Sizes ...



Ingredient List (QUID) ...

Pitta bread (24.5%) (**Wheat**), Eggs (20.4%) (**Milk**), Loughnane's of Galway 74% Pork Sausages 4.54kg (13.6%) [Pork (74%), Water, Rusk (Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Pork Fat, Salt, Dextrose, Stabiliser: Triphosphate; Diphosphates, Flavour Enhancer: Monosodium Glutamate, Preservative: Sodium **Sulphite**, Spices, Spice Extract, Antioxidant: Sodium Ascorbates, Casing: Beef Collagen], Black pudding (10.9%) (**Wheat**), Mixed Salad Leaves (8.2%), Bacon (7.6%), Mushroom (5.4%), Charleville Freshly Grated Select Red Cheddar 200g (5.4%) [**Cheese** made from Pasteurised Cows' **Milk**, Colour: Annatto, Anti-Caking Agent: Potato Starch], Blenders Tomato Ketchup (4.1%)