

Recipe Ingredients ...	Quantity:	Description:
Raspberries, frozen	60g	
Mango, frozen	60g	0.5x Average portion
Strawberries, frozen	47g	4.4 strawberry
Bananas, flesh only	50g	0.5x Medium
Yogurt, whole milk, plain	125g	1 average pot
Just Juice 100% Pure Apple Juice from Concentrate 1L	330ml	2.2x per 150ml serving

Ingredient List (QUID) ...

Just Juice 100% Pure Apple Juice from Concentrate 1L (49.1%) [Apple Juice from Concentrate], Yogurt (18.6%) (**Milk**), Mango frozen (8.9%), Raspberries (8.9%), Bananas (7.4%), Strawberries (7%)